

The Speaker:



Allan Abbass MD, FRCP,
Director, Centre for
Emotions and Health,
FACULTY OF MEDICINE,
Dalhousie University,
CANADA

Intensive Short-Term Dynamic Psychotherapy (IS-TDP)

developed by Habib Davanloo, Professor of Psychiatry at the University of Montreal.

Since the 1960s Davanloo started to record his psychotherapy sessions on video. He verified the effectiveness of his interventions by studying the verbal and non-verbal reactions of his patients. He developed new psychodiagnostic tools and precise interventions. These interventions made it possible for a broad range of patients to overcome their anxiety, self-destructive defensive behavior and were able to experience and process their underlying feelings with the help of the therapist.

The method has now been extensively researched spearheaded by the work of Dr. Allan Abbass and has been found effective with complex patients with Anxiety Disorders, Depression, Neurotic disorders, Psychosomatic Disorders and Personality Disorders. The problems are tackled at the emotional roots. Resistances against emotional closeness can be overcome. So marked and persistent change in the patients' relationship functioning occur.

Condition of admission

Medical Doctors and Psychologists or in Formation.
Other Psychotherapists or Students on request.

Place of Congress: Best Western Hotel Bern in Bern

Costs: the **two first days** (24th+25th of March)
Fr. 600.- / € 570.- for students and trainees Fr. 400.- / € 350.-
Total Costs for the **third day** (26th of March):
Supervision day for interested colleagues:
Fr. 4500.-. Will be shared by the participants.

Payment to: **important data for money transfer**

ISTDP Schweiz
Sulgeneckstrasse 38 3007 Bern

Bank/Institute : UBS Switzerland AG
Postfach CH-8098 Zürich

BIC/SWIFT: UBSWCHZH80A **Clearing:** 0231
IBAN: CH0700 231231 1345 3701C

Contact and Registration **at the latest by 02.03.2018**
Doris Dällenbach MASPT, Untertor 22, Postfach 1695, 8401 Winterthur
Tel. +41 +52 / 213 19 61 **email :** d.daellenbach@gmx.ch

Reservation for accommodation:

BEST WESTERN HOTELBERN
Zeughausgasse 9, CH-3011 Bern
email: reception@hotelbern.ch **Tel:** +41 31 329 22 22
(indicate that you are participant of the Congress)

Further informations: www.istdp.ch

Literature

Abbass Allan (2015): Reaching through Resistance Advanced Psychotherapy Technique
(For this seminar, Chapter 16-17 are relevant)

Davanloo Habib (1990): Unlocking The Unconscious
Davanloo Habib (2000): Intensive Short-Term Dynamic Psychotherapy
Troendle Paul (2005): Psychotherapie dynamisch – intensiv – direkt
Gottwick Gerda (Hrsg.) (2009): Intensive psychodynamische Kurzzeittherapie nach Davanloo

Unsere Sponsoren



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Intensive Short-Term Dynamic Psychotherapy (IS-TDP)
with Patients with Fragile Character Structure
(Dissociation and severe Personality Disorder): Traumatized Patients

Training with Allan Abbass
Professor & Director, Centre for Emotions and Health, Dalhousie University, Canada

Bern Switzerland
24th – 26th of March 2018

Fifth of six modules within three years

All presentations go along with audio-visual examples. The videopresentations illustrate the practical work with IS-TDP. The conveyed theory gets experienced and verified.

15 credits SGPP / FSP / SAPP

The language is English

Program in Detail

IS-TDP with Patients with Fragile Character Structure (Dissociation and severe Personality Disorder): Traumatized Patients

Day 1: 24th of March 2018

9.15 – 10.40

Overview of Course, Metapsychology of IS-TDP with Non Fragile Cases with videotape examples.

20 minutes break

11.00 – 12.30

Assessing and working with thresholds in mild-moderate fragile character structure

Lunch 12:30 – 14:00

14:00 – 15.20

Mild-moderate Fragility: capacity building to first unlocking of the unconscious

20 minutes break

15.40 – 17.00

Mild to moderate Fragility: First unlockings

20 minutes break

17.20 – 18.45

Mild to moderate Fragility: First unlockings part 2

Day 2: 25th of March 2018

9.00 – 10.30

Severe Fragile Character Structure: Assessing Rapidly Rotating Fronts of the system

10.50 – 12.15

Severe Fragile Character Structure: Capacity Building to first breakthroughs

Lunch: 12:15 – 13:45

13.45 – 15.00 Severe Fragile Character Structure: Deeper zones of the unconscious and Dominance of the Unconscious Therapeutic Alliance.

20 minutes break

15.20 – 16.40 Severe Dissociative Disorders: Fugue.

20 minutes break

17.00 – 18.30

Severe Dissociative Disorders: Multiple Personality Disorder.

Day 3: 26th of March 2018

Supervision day with Allan Abbass (advance reservation!)

Total Fee: Fr. 4500.- to be shared by the participants.

Ideally 16 participants.

8 active participants (presenting videos)

2/3 of total costs

passive participants (only spectator)

reduced price 1/3 of total costs

**7.5 credits SGPP / FSP / SAPP
for the supervision day**